

BREATHE EASY.

STOP IDLING.

FOR YOUR HEALTH...

FOR OUR CHILDREN'S HEALTH...

FOR THE PLANET'S HEALTH...

FUEL SAVING TIPS

- ➔ Turn off your engine if you are parked for more than 10 seconds.
- ➔ Reduce "warm-up" idling to 30 seconds (even in winter, it is more efficient for your car.)
- ➔ Avoid using remote car starters. These devices encourage you to start your vehicle before you are ready to leave, wasting fuel and creating unhealthy emissions.
- ➔ Avoid using the drive-through at banks and fast-food restaurants.



DID YOU KNOW?

- ➔ That children are particularly vulnerable to air pollution--They breathe faster than adults and inhale more air per pound of body weight.
- ➔ That 30 seconds of idling uses more fuel than turning off the engine and restarting it. Idling can consume as much as a gallon of gas per hour.
- ➔ Excessive idling can be hard on your engine. Because the engine is not working at its peak operating temperature, fuel combustion is incomplete, which leaves fuel residues that contaminate engine oil and foul spark plugs.

**A FRIENDLY REMINDER FROM
GROUP AGAINST SMOG & POLLUTION**

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